

Ch

The Choo Choo Sound

Chest, Teacher, Witch

How to make the “ch” sound:

- Pucker your lips like a little kiss.
- Place and **hold** the tip of your tongue towards the top of the mouth (called the hard palate. If your child can produce the “t” sound, tell them they want the tip of their tongue to be a little further back than that)
- Turn **off** your voice (voice is the rumbling in your vocal folds. For example, have your child/client place their hand on their/your neck during the production of “ch” and “z”, and have them feel the difference between the two. In the production of “ch”, there should be no rumble or voicing. While in the production of “z”, there should be a rumbling or voicing.)
- Release the air trapped behind your tongue forcefully!

Tricks and Tips for producing the “ch” sound:

- A fun and tasty way to teach the child where to put their tongue for a “ch” production is to put some Nutella, peanut butter, sour candy gel, or any other creamy food they enjoy

Ch

icken

*Chicken***Age of Mastery:**

4

on the target spot. (rubbing a sucker on the target spot works too) Once the child has felt the spot a few times, have them try to blow out air while still having the tongue touching the spot.

- Have the child say the “t” sound super fast over and over again. After they have said it a few times, tell them to try and pull their tongue backwards. (I like to use a lasso and cow analogy with the tongue being the cow and using an imaginary rope to pull it back.).
- Have the child say “t” and then “sh” right after. “Lets make a sound sandwich! We are going to say the “t” then the “sh”. Using pictures to show the combination of “t” + “sh” is helpful as well.
- Pretend that you and the child are train conductors. Take turns making your best “**choo choo**” train sounds.